### Course Schedule

<table>
<thead>
<tr>
<th>Class Week: New Materials Posted Monday Mornings at 8 am</th>
<th>Class Content</th>
<th>Required Readings/Viewing</th>
<th>Assignments: Due by Sunday Nights by 11:59 pm</th>
</tr>
</thead>
</table>
| **Week 1** 8/26/19-9/1/19                              | • Introduction and Course Overview  
• What is Mental Health Policy? | Mechanic, Chapter 1  
Film: *Shallow Water* | Discussion Posting #1: MH Policy In the News (5 pts)  
(Due 9/1/19 by 11:59 pm) |
| **Week 2** 9/2 – 9/8/19                                | • Defining Mental Illness  
• The DSM V | Mechanic, Chapter 2  
Film: *Crazywise* | Readings and Online Discussion Posting #2 |
| **Week 3** 9/9—9/15/19                                 | • Psychiatric Epidemiology and Causes | Frank & Glied, Chap 2  
Mechanic, Chap 5, p. 102-119 | Discussion Posting #3: Three Critical Issues |
Film: *A Dangerous Son* | Readings and Online Discussion Posting #4 |
| **Week 5** 9/23—9/29/19                                | • History of MI Services  
• Recovery  
• Stigma  
*Library Research Skills* | Mechanic, Chap 3  
Helfinger & Hinshaw, 2010  
Film: *When Medicine Got it Wrong* | Policy Analysis Topics & Groups Due  
Readings and Online Discussion Posting #5 |
| **Week 6** 9/30—10/6/19                                | • Mental Health Needs of Veterans  
• Criminal Justice and Mental Health | No Readings Films:  
• *Thank You for Your Service* | Readings and Online Discussion Posting #7 |
| Week 7 | Co-occurring MI & SA | The Released  
Bedlam Behind Bars  
A Revolving Door | Mental Health Interventions  
Pharma, therapeutic, home and community based care, integrated care | Mechanic, Chap 5, p. 119-132  
Mechanic, Chap 10  
A collection of 4 short films | Mental Health Problem Paper Due  
Readings and Online Discussion Posting #6 |
|---|---|---|---|---|---|
| 10/7—10/13/19 | • Mental Health Interventions  
• Pharma, therapeutic, home and community based care, integrated care | | | | |
| Week 8 | Child and Family Interventions: Systems of Care & Wraparound  
Huang, et al. (2005)  
Optional:  
Hill, K. (2017)  
| 10/14—10/20/19 | • Child and Family Interventions: Systems of Care & Wraparound  
• Problems in Children’s Mental Health Care | | | |
| Week 9 | Structural Competence  
Underserved Populations: Racial and Sexual Minorities, Older Adults | Mechanic, Chap 6  
Metzl & Hansen, 2014 | | Mental Health Intervention Paper Due  
Readings and Online Discussion Posting #9 |
| 10/21-10/27/19 | • Structural Competence  
• Underserved Populations: Racial and Sexual Minorities, Older Adults | | | |
| Week 10 | Funding Mechanisms for Mental Health Care: Behavioral Health Parity, Medicaid, Medicaid Waivers, and the Affordable Care Act | Mechanic, Chap 7  
Graaf, G., & Snowden, L., 2017  
Frank, Goldman, & Hogan, 2003 | | Readings and Online Discussion Posting #10 |
| 10/28—11/3/19 | • Funding Mechanisms for Mental Health Care: Behavioral Health Parity, Medicaid, Medicaid Waivers, and the Affordable Care Act | | | |
| Week 11 | Managed Care  
Mental Health Workforce | Mechanic, Chap 8 & 9  
Frank & Glied Chap 5 | | Readings and Online Discussion Posting #11 |
| 11/4—11/10/19 | • Managed Care  
• Mental Health Workforce | | | |
### Online Learning

For Online Courses, each week begins on Mondays at 8 am and ends the following Sunday night at 11:59 pm. As such, course materials for the new week will open at 8 am on Monday morning. All assignments for each week will be due by midnight (11:59 pm) on each Sunday night, at the end of each week.

### Weekly Assignments

**Discussion Board Post:** 2 point per week, 13 posts (26 points total)
Leave one comment in response to the prompt for that week, and comment on the discussion posted by at least two classmates.

**Special Assignments**

1) **Mental Health Policy in the News Discussion Post (Posted in Canvas Discussion)** (4 points)

Students are to look for a specific mental health policy issue in the news: TV, radio (NPR), newspaper, and/or the internet. Students will summarize the mental health policy, and debate surrounding the policy in 5 to 7 sentences. Assignment is posted on
the discussion board, and students are required to comment on a minimum of two other classmates' news summaries.

- Students are encouraged to subscribe to Today’s Clips (UT Austin) by sending an email to: Hogg-Communications@austin.utexas.edu.
- Two other good resources for keeping informed about mental health policy are:
  - MHA/Mental Health America (fka National Mental Health Association): http://www1.nmha.org/newsroom/system/mhHeadline.main.cfm
  - NIMH/National Institute of Mental Health: http://www.nimh.nih.gov/tools/listserv.cfm
  - National Public Radio – podcasts or streaming

[APB 2.1.3, 2.1.7(4), 2.1.8(2), 2.1.9(2)]

2) Three Critical Issues Discussion Post (4 points)

Interview one person involved in the formal delivery of mental health services (phone or on-site). Elicit from them and list in rank order “the three most critical issues in mental health today.” Have them describe these issues in some detail. Report 1) who you interviewed (position and organization, not name), 2) their top three concerns and 3) a 3 sentence reflection on their concerns in the discussion on Canvas. Students are required to comment on a minimum of two other classmates’ news summaries.

[APB 2.1.3, 2.1.8]

3) Mental Health Policy Analysis

This is five part assignment that makes up the remainder of the assignments for this course. The five parts are as follows:

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Due Date</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Policy Analysis Topics &amp; Groups</td>
<td>9/29/19</td>
<td>1 pt</td>
</tr>
<tr>
<td>Mental Health Problem Paper</td>
<td>10/13/19</td>
<td>10 pts</td>
</tr>
<tr>
<td>Mental Health Interventions Paper</td>
<td>10/27/19</td>
<td>10 pts</td>
</tr>
<tr>
<td>Policy Analysis Paper</td>
<td>11/17/19</td>
<td>30 pts</td>
</tr>
<tr>
<td>Policy Analysis Presentation</td>
<td>12/8/19</td>
<td>15 pts</td>
</tr>
</tbody>
</table>

Group Work is encouraged by not required - Up to 4 Group Members may choose to complete this project and the policy presentation (below) together. Final grade on the assignment will be the same for all group members.

a) Mental Health Policy Topic and Group (1 point)

Select a topic for final policy analysis. This can be a federal, state or local policy (in Texas or another state) that is aimed at addressing a specific problem that individuals with mental illness face. This can be one of the special populations we are discussing
in class (e.g., children, veterans, inmates, or the elderly) or the broader, general population with mental health concerns. Examples might be legislation that allocated additional funding for mental health delivery in schools (usually a state level policy) or something large and wide reaching like the Affordable Care Act which expanded mental health insurance coverage for millions of people. If doing a local or state law, make sure there is enough research about the policy to enable you to fully examine the effectiveness of the policy for your final assignment. Research can be specific to the law in the state or county you are examining or about an identical/very similar policy in another state or jurisdiction.

In a word document, state the topic for your final policy analysis: 1) What is the mental health population? 2) What is the policy you are specifically looking at for your final project and 3) If you are working with a group, who are your group members?

If working in a group, one person can submit the assignment, and all group members will get the same credit for submission.

b) Mental Health Problem Paper (10 pts)

In 4 double-spaced pages, describe the characteristics of the mental health problem your final policy analysis will address. This includes the following:

1) Who is the problem population?
2) What are the Characteristics of the problem? (How many people does it affect? Who does it affect and how does that breakdown in terms of age, race, geography, gender, etc.)
3) What are the consequences of the problem if it is not addressed?
4) What are the causes of the problem? (What are the theories or research about what causes the problem)

[APB 2.1.8(10, (2)]

c) Mental Health Intervention Paper (10 pts)

In 4 double-spaced pages, describe some treatment AND policy interventions that can address the mental health problem your final policy analysis will address. This includes the following:

1) What are some treatment, social work, and or policy interventions that can help the problem population and address some of their needs?
2) What is the theory behind why this intervention will work?
3) What do we know about how effective these interventions are?

[APB 2.1.3, 2.1.7(4), 2.1.8(2), 2.1.9]
d) Mental Health Policy Analysis

Using APA guidelines and the parameters provided by the policy analysis project description (below), analyze the policy that addresses your mental health problem and/supports needed interventions. Include your recommendations related to the policy issue. (Detailed instructions and grading provided in Canvas.) Submit through Assignments on Canvas.

The final policy analysis should directly incorporate content from the first two papers in the first half of the paper.

Length: 8-10 pages, double-spaced. Minimum of 8 references, 4 of which must be from professional journal articles.

[APB 2.1.5, 2.1.7(3), 2.1.9(2)]

e) Policy Analysis Presentation (20 points)

Give oral presentation (15 min.) of final paper, using Power Point and voice audio. (Detailed instructions and grading provided in Canvas.)

[APB 2.1.5, 2.1.7(3), 2.1.9(2)]

### Total Semester Assignments, Due Dates, and Points

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Due Date</th>
<th>Points</th>
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<tbody>
<tr>
<td>MH Policy In the News Discussion Posting (Week 1)</td>
<td>9/1/19</td>
<td>4 pts</td>
</tr>
<tr>
<td>Three Critical Issues Discussion Posting</td>
<td>9/15/19</td>
<td>3 pts</td>
</tr>
<tr>
<td>Crazywise Reflection</td>
<td>9/15/19</td>
<td>1 pt</td>
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<td>Policy Analysis Presentation</td>
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<td>15 pts</td>
</tr>
<tr>
<td>Other Online Discussions (13 @ 2 pts each)</td>
<td>Most Weeks</td>
<td>26 pts</td>
</tr>
<tr>
<td>Total Points</td>
<td></td>
<td>100 pts</td>
</tr>
</tbody>
</table>

**Late Assignments:** One point for each day an assignment is late will deducted from the final grade for that assignment. Exceptions to this policy may be made on a case-by-case basis, upon consultation with the instructor.
Readings

Texts


Articles


Spitzmueller, M. C. (2016). Negotiating Competing Institutional Logics at the Street Level: An Ethnography of a Community Mental Health Organization. *Social Service Review, 90*(1), 35–82. [https://doi.org/10.1086/686694](https://doi.org/10.1086/686694)


Optional


Graaf, G., & Snowden, L. (2017). The role of Medicaid home and community-based service policies in organizing and financing care for children with severe emotional disturbance. *Children and Youth Services Review*, 81, 272–283. [https://doi.org/10.1016/j.childyouth.2017.08.00](https://doi.org/10.1016/j.childyouth.2017.08.00)


Optional Mental Health Recovery Articles:


*Note: The Instructor may assign additional readings throughout the semester.*